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The Violence Against Little Children
Pilot Prophylaxis Program

Project Office

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THE
Land of
THE
Fireflies

The Violence Against Little Children
Pilot Prophylaxis Program

guide

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Ministerstwo Pracy
i Polityki Społecznej



Sosnowiec

goals for the program

The Land of the Fireflies is a pilot program implemented in five kindergartens in Sosnowiec.

Its goal is prophylaxis in emotional development of children – improvement in knowledge and emotional awareness.

Recognition of emotions, naming and expressing them in socially acceptable way is an extremely important task facing every child.

Self-esteem, trust in oneself and others, abilities in establishing relations with others, understanding oneself and others depends on the way a child deals with the different emotions.

The Land of the Fireflies program is a kit of actions aimed at children, parents, employees of kindergartens and other institutions. The Fairytale and its therapeutic influence are the most important tools of the project, that will guide children through the world of varied emotions and situations. As a result, children will learn how to find solutions for difficult situations.

a fairytale for children

A fairytale is a natural form of expression involving imagination, something very familiar, and present in child's world. Fun – natural form of expression that engages children.

It's simple, describes the world in simple form, that allows children to understand any problem at hand.

It's safe because a child may identify oneself with chosen problems through the metaphor, giving them individual meaning. Therefore there is no danger of imposing foreign ideas on the child's inner world. If the child hasn't experienced that thing, it will not recognize it in the fairytale and if it will find some relatable experiences or emotions the fairytale will allow to work the problem and find the solution.

The Land of Fireflies is the background and the inspiration for work with children. Events and characters in the tale embody and symbolize the inner conflicts, which the child may identify with, even unconsciously, and together with the characters of the fairytale look for a solution.

workshops for parents

The Land of the Fireflies invites parents to participate in free parental skills workshops.

Parent, it's worth to come, because:

- You will receive knowledge regarding development stages of your child as well as needs that change parallel to the development process.
- You will gather knowledge and abilities necessary to overcome the difficult moments of upbringing
- You will see a huge potential within you and your child
- You will understand that you can be a good enough parent – you don't have to be perfect
- You will recognize how much good work you do for the relation with your child and you'll see the paths of improvement

Participation is voluntary. Classes will be conducted in workshop form. Reaching for your own experiences will be beneficial, however no one will be forced to go beyond the comfort zone.

During the workshop a care for children aged 12 months + will be provided.

